## ELEMENTARY BREAKFAST MENU **MARCH 2020** Monday Wednesday Tuesday Thursday **Friday** 3 Pancakes with Cheesy Blueberry Parfait with Apple Frudel (1) French Toast Sticks 0 Waffles with Blueberries Scrambled Eggs Cinnamon Toast Egg & Sausage Tacos Country Chicken Biscuit Egg, Cheese & Bacon Bagel Egg, Bacon & Cheese Egg & Cheese Melt (1) Flatbread () Apple Slices Grapes Pear Orange Slices Fruit Juice Banana Blue Raspberry Applesauce Mandarin Oranges Super Strawberry Milk Apple Juice Pineapple Tidbits 10 13 Strawberry Parfait with Powdered Sugar Donut Waffles with Chocolate Chips French Toast Sticks (1) Pancakes with Bacon Cinnamon Toast 1 Holes 0 Sausage & Egg Bagel Egg, Cheese & Tater Tacos 10 Country Chicken Biscuit Turkey Sausage Kolache Cheesy Sausage Scrambled Sandwich Orange Slices Eggs with Toast 10 Banana Apple Slices Grapes Pineapple Tidbits Pear **Diced Peaches** Fruit Juice Raisins Fruit Juice 16 17 19 18 20 No School No School No School No School No School 23 25 27 24 26 Pancakes with Cheesy Chocolate Crescent 0 Strawberry Parfait with Cherry Frudel (1) Waffles with Blueberries 10 Cinnamon Toast 0 Scrambled Eggs (1) Egg, Cheese & Tater Tacos (1) Egg & Cheese Melt (1) Country Chicken Biscuit Strawberry Poptart with Ham, Egg & Cheese Apple Slices Cheese Stick Grapes Flatbread (1) Blueberries Fruit Juice Craisins Banana Pear **Applesauce** Orange Juice Blue Raspberry Applesauce 30 31 Cinnamon Roll (1) Poptart with Cheese Stick (1) Egg & Sausage Frittata with Egg, Cheese & Bacon Tacos () Toast Apple **Orange Slices** Orange Juice Fruit Mix STAY UP TO DATE Student Breakfast - \$1.25 \*unless eligible for free/reduced meal program Adult Breakfast - \$1.60 Fresh fruits and vegetables served daily. @LISDChildNutrition @LISDNutrition

LISD Child Nutrition



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• All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

Denotes vegetarian item Denotes pork item

\*Menu subject to change